

Destin Yoga Academy's 300-hr Advanced Yoga Teacher Training Program



**January 2019 - December 2019
www.destinhotyoga.com**

**Module 1
Yoga As Dynamic Movement
Jan. - Apr.**

**Module 2
Yoga As a Healing Modality
May - Aug**

**Module 3
Yoga As a Journey Into the Self
Sep. - Dec.**

300-hr Application

Thank you for your interest in Destin Yoga Academy's Advanced YTT Program! This application is intended to help us gain a better understanding of you and to encourage critical thinking on your part. We expect a certain knowing around your own sense of purpose and timing and trust that you are fully capable of determining your own readiness and preparedness for this program.

Personal Information:

Name: _____ DOB: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Occupation: _____

Emergency Contact:

Name _____ Phone _____ Relationship _____

Self-Inquiry Questions:

1. yes_____ no_____ Am I willing and able to participate in the physical, emotional, mental and spiritual experiences as presented in the different module descriptions?
2. yes_____ no_____ Am I willing and able to engage in moderate to vigorous physical exercise for a minimum of 3 hours daily during the scheduled training sessions?
3. yes_____ no_____ Am I willing to take personal responsibility for lifestyle choices which may affect my participation in this program (ie. personal needs around diet, exercise, rest, balancing time, etc.)
4. yes_____ no_____ Do I have the willingness and curiosity to learn about myself through direct experience?
5. yes_____ no_____ Am I willing to share sacred space and engage in authentic relationship with others in my training program to include giving and receiving honest feedback within the context of a yoga learning environment?

Tell us more about yourself...(please answer on a separate page)

1. How long have you been studying/practicing yoga?
2. Where and when did you earn your 200-hr certification?
3. Are you currently teaching? if so, where, when and what style/s?
4. Describe your personal yoga practice?
5. What leads you to pursue an advanced level certification?
6. How do you plan to apply the learning in your life and work?
7. What are your greatest strengths as a yoga teacher?
8. What are your greatest weaknesses as a yoga teacher?
9. What excites you the most about this training?
10. List any and all injuries, illnesses or conditions and how they affect your current wellbeing and how they might impact your training experience.

The Art of Effective Teaching: 300-hr Advanced Level Certification

Please indicate which trainings you intend to take

_____ Module 1 - Yoga as Dynamic Movement

_____ Module 2 - Yoga as a Healing Modality

_____ Module 3 = Yoga as a Journey into the Self

_____ All Three Modules - The Art of Effective Teaching

***successful completion of ALL three modules provides eligibility for the 500-hr level certification with Yoga Alliance. Refer to their guidelines for more details.

Application Process:

If applying for all three modules you will be notified of your acceptance status within 2 weeks of our receipt of your application and deposit. If you should not be accepted into the program for any reason you will receive a full refund of your deposit. If applying for individual modules, you will be notified in November of your acceptance status. If you should not be accepted into the module/s for any reason, you will receive a full refund of your deposit.

Deposit Information:

A non-refundable deposit is due upon submission of application. Please indicate which applies to you, and how you will be paying. **If not accepted, deposit will be refunded.

- _____ \$300 non-refundable deposit for module 1
- _____ \$300 non-refundable deposit for module 2
- _____ \$300 non-refundable deposit for module 3
- _____ \$500 non-refundable deposit for all three modules

_____ I am paying my deposit by check. Please mail check with your application.

_____ I am paying my deposit by CC. Information below:

Credit Card # _____ Exp. Date _____ CV Code _____

Name as it appears on Card _____

Is your billing address the same as your mailing address? _____ yes _____ no

Billing Address _____

City _____ State _____ Zip _____

I hereby authorize the above payment of \$ _____ Please initial _____

Registration:

Registration will be staggered in order to first fill the program with individuals interested in taking all three modules. For that reason, registration for the individual modules will not open until November. That being said, we are *accepting* applications for any and all modules at this time. If you are interested in taking any or all of the modules please turn in your application as soon as possible, as acceptance will be issued on a first come first served basis. We will begin accepting applicants into the full program (all three modules) right away, and if space allows, we will accept applicants into individual modules beginning in November.

Pricing Schedule for all three modules:

An early bird, discounted rate of \$3900 will be offered until Oct. 31st, 2018. To be eligible for the early bird rate, you must pay in full 4 weeks before program start. Beginning November the price will increase to the regular rate of \$4200, at which rate we will also offer a payment plan.

**please check any that apply below

Early bird rate available through Oct. 31st, 2018:

_____ I intend to take all three modules at the Early Bird Rate of \$3900, of which my \$500 deposit is due upon application submission and \$3400 is due no later than 4 weeks prior to the training, Dec. 4th, 2018.

Regular pricing available after Oct. 31st, 2018:

_____ I intend to take all three modules at the Regular Rate of \$4200, of which my \$500 deposit is due upon application submission and \$3700 is due no later than 4 weeks prior to the training, Dec. 4th, 2018.

Quarterly Payment Plan available now until program launch: If choosing the payment plan option a CC, or bank account number must be included for automatic withdrawals.

_____ I intend to take all three modules at the Regular Rate of \$4200, of which my \$500 deposit is due upon application submission and my 4 subsequent payments of \$925 are due on Dec. 4th, March 15th, June 15th, and Sept. 15th, 2019.

_____ I hereby authorize Destin Hot Yoga to charge the Credit Card listed below for 4 quarterly payments of \$925 on the following dates: Dec. 4th, 2018, March 15th 2019, June 15th, 2019 and September 15th, 2019. Initial here to verify authorization of withdrawal:_____.

CC# _____ exp _____ CV code _____

Name as it appears on card _____

Billing Address and Zip _____

Pricing Schedule for each individual module:

Acceptance into the individual modules will not be issued until Nov, 2018. Applications can be submitted at any time, however you will not be notified of your admission status until Nov. or later. All modules are priced at the regular rate of \$1500 and no early bird rate, or payment plan will be offered. Acceptance into each module will be given on a first come first served basis.

**please check any that apply below

_____ I intend to take the **1st Module - Yoga as Dynamic Movement**, of which my \$300 deposit is due upon application submission and the remaining \$1200 is due no later than 4 weeks prior to the first module, Dec. 4th, 2019.

_____ I intend to take the **2nd Module - Yoga as a Healing Modality**, of which my \$300 deposit is due upon application submission and the remaining \$1200 is due no later than 4 weeks prior to the second module, April 4th, 2019.

_____ I intend to take the **3rd Module - Yogas a a Journey into the Self**, of which my \$300 deposit is due upon application submission and the remaining \$1200 is due no later than 4 weeks prior to the third module, Aug. 7th, 2019.

Please email the application along with a copy of your 200-hr YTT Certificate of Completion to destinhotyoga@gmail.com attention: Melissa. You can also mail the application, certificate of completion, and deposit check to the following address:

Attn: Melissa
Destin Hot Yoga
11275 Emerald Coast Pkwy | Suite 9
Miramar Beach, FL 32550

Destin Yoga Academy's 300-hr YTT Participant Agreement

I, _____ understand that I must fulfill all the requirements set forth by Destin Yoga Academy in order to complete and be certified under the 300 hour Teacher Training Program. I must complete all required in-class contact hours, homework, quizzes, and the practical and written final exams in order to receive my letter of completion of the program. The certificate of completion may then be submitted to Yoga Alliance for registration, or for any use to provide proof of completed training hours.

I understand that Destin Yoga Academy and its teaching staff reserves the right to ask me to leave the program at anytime if I behave in any inappropriate way, am unethical, or violates the Yoga Alliance ethical guidelines. In the event of any of these situations, I will not be refunded my tuition.

I understand that my tuition is non-refundable and non-transferable, unless under special circumstances, and agreed upon by all parties.

I understand that if I am on the payment plan, the full tuition must be paid before Destin Yoga Academy will issue me the certificate of completion.

I understand that all materials are under copyright protection and cannot be reproduced by me without permission from the author.

I understand that by completing Destin Yoga Academy's 300 hour Yoga Teacher Training program, or any of the modules, I am not guaranteed employment by Destin Hot Yoga.

I have read, understood and accept the above terms and requirements:

Yes **No**

Signature:

Date:

Printed Name: